

COMPADRE RESIDENTS

may have the following experiences and benefits



CURRICULUM

- Training to develop a unique advanced skillset to understand your service community so you can optimally care for vulnerable populations.
- Opportunity for early access to electives or required residency rotations in underserved settings.

PROFESSIONAL DEVELOPMENT

- Opportunity to meaningfully participate in research related to community outcomes and/or educational innovation.
- Become a member of a robust regional network that provides support to you, even if you choose to practice in a small and/or isolated community.
- Ability to inform the national conversation about residency training as we invite residents to participate in conversations and projects at the national level.

EVALUATION

- COMPADRE is an educational research study, and you will be receiving surveys about the program, your practice plans, and your wellness from the COMPADRE Evaluation Team at designated intervals during your training and after graduation. We will make every effort to keep the surveys brief (<10 minutes) and meaningful. Your participation will be greatly appreciated.

WELLNESS

- Opportunity to access housing for assigned rotations in rural and underserved communities.
- Potential access to housing that allows partners, children, and pets to accompany you on rotations in rural and underserved communities.
- Opportunity for improved wellness by establishing meaningful connections with people living and working in your future community.
- Optional participation in high-yield topic conversations facilitated by wellness faculty experts to improve your own learning experience; possible topics include imposter syndrome, resilience and stress management, facing mental health challenges, grief and loss, and positive psychology and reframing.
- Opportunity to help build a wellness community through narrative sharing, goal development, collective visioning, and collaboration with other participants across sites.
- Opportunity to develop a personalized, dynamic wellness plan that can evolve as you progress through training with the guidance of the COMPADRE wellness team.