

Supplement 2: Competencies for Rural Underserved and Indigenous Health

Rural Health Domains and Competency Examples

Adaptability

- Adapts scope of practice to community needs

Agency and Courage

- Tolerates risk and uncertainty
- Demonstrates self-efficacy

Collaboration and Community Responsiveness

- Engages the community in responding to needs

Comprehensiveness

- Enhances skills or learns new ones in order to be prepared for the unexpected and to meet community needs

Integrity

- Adapts to the transparency and accountability of living and working within interconnected communities

Abundance in the Face of Scarcity and Limits

- Demonstrates humility and knows the limits of own competence

Reflective Practice

- Protects time for reflection and engages in inquiry

Resilience

- Demonstrates endurance and restorative capacity - the ability to overcome hardship and thrive

Indigenous Health Domains and Competency Examples

Traditional Healing

- Respectfully learns about and incorporates traditional healing practices into health care systems

Decolonizing Practices

- Incorporates concepts of race, privilege, equity and decolonizing practices into health delivery systems

Sense of Place

- Understands and cultivates the role that a sense of place plays in identity, community and health

Traditional Ways of Knowing

- Engages and learns from indigenous communities around traditional ways of knowing and being; incorporates traditional styles of learning and being into community and health care

References:

Englander R, Cameron T, Ballard AJ, et al. Toward a common taxonomy of competency domains for the health professions and competencies for physicians. *Acad Med* 2013;88(8): 1088-1094.

Lewis M, Prunuske, A. The Development of an Indigenous Health curriculum for medical students. *Acad Med*. 2017; 92(5): 641-648.

Longenecker RL, Wendling A, Hollander-Rodriguez J, et al. Competence revisited in a rural context. *Family Medicine* 2018; 50(1):28-35.